

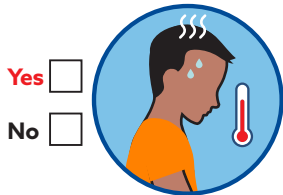


# COVID-19

Please complete before entering the child care setting

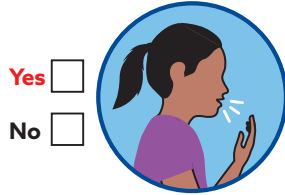
Name: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_

## 1. Does your child have any of the following new or worsening symptoms?\*



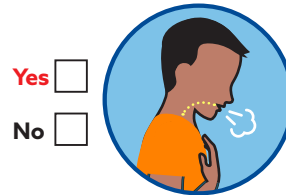
Yes   
No

Fever > 37.8°C



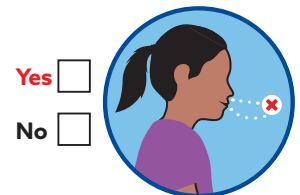
Yes   
No

Cough



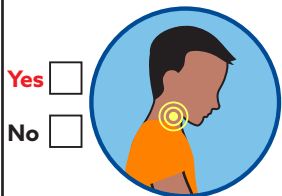
Yes   
No

Difficulty breathing



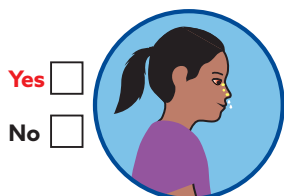
Yes   
No

Loss of taste or smell



Yes   
No

Sore throat or pain swallowing



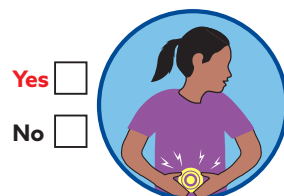
Yes   
No

Stuffy or runny nose



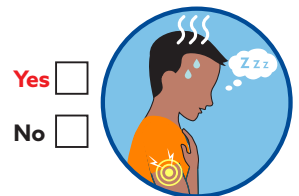
Yes   
No

Headache



Yes   
No

Nausea, vomiting or diarrhea



Yes   
No

Feeling unwell, muscle aches or tired

If "YES" to any symptom:



Stay home & self-isolate



Get tested

Or



Contact a health care provider

2. Does anyone in your household have one or more of the above symptoms?  Yes  No

3. Has anyone in your household travelled outside of Canada in the past 14 days?  Yes  No

4. Has anyone in your household been notified as a close contact of someone with COVID-19 or been told to stay home and self-isolate?  Yes  No

If "YES" to Questions 2,3, or 4:



Stay home



Follow Toronto Public Health advice

\*Children who have an existing health condition identified by a health care provider that gives them the symptoms should not answer YES, unless the symptom is new, different or getting worse. Look for changes from your child's normal symptoms.

Updated February 2021



# MY CHILD HAS 1 OR MORE SYMPTOMS OF COVID-19. WHAT SHOULD I DO?

Was your child a close contact of someone who tested positive for COVID-19?

YES

- Everyone, including household members, should stay home & self-isolate. Get your child tested.
- If **positive**, notify your child's child care of the positive result. Toronto Public Health will follow up with further instructions.
- If **negative**, the child will still need to self-isolate for 14 days from last exposure to the person who was positive. Any children in the household should self-isolate from child care until the person who is a close contact completes self-isolation.
- If your child is **not tested** they need to self-isolate for 10 days. Household contacts will also need to stay home and self-isolate for 14 days.

NO

- Notify your child's child care that they have symptoms.
- Your child should stay home, self-isolate & get tested.
- Anyone in the household who attends a child care setting must also stay home and self-isolate until the child's test is negative.
- Adults in the home, including parents, who do not attend a child care setting, need to self-monitor for symptoms, but may go to work as long as they do not have symptoms.

What was the result of your child's COVID-19 test?

POSITIVE

- Let your child's child care know that they tested positive for COVID-19.
- Your child must stay home & self-isolate for 10 days from the day their symptoms started.
- Household members & close contacts must also self-isolate for at least 14 days.
- Toronto Public Health will contact you to do an investigation & will provide further instructions.

NEGATIVE

- Your child may return to child care 24 hours after their symptoms started improving.
- Siblings and adults who attend the child care setting can return to child care right away as long as there are no other household members with symptoms or are close contacts of positive cases.

NOT TESTED

- Your child must stay home & self-isolate for 10 days from the day their symptoms started.
- After 10 days, they can return to child care if their symptoms are improving.
- Anyone in the household who attends a child care setting must stay home for 10 days.
- If a health care provider has diagnosed a condition that isn't related to COVID-19, your child can return to child care 24 hours after their symptoms improve. Their siblings are then not required to self-isolate for 10 days.



If anyone in your household has travelled outside of Canada in the last 14 days, the person who travelled is required to self-isolate for 14 days. Everyone in the household will also need to stay home from school until the person who travelled completes the 14 day quarantine. If the individual is exempt from travel quarantine because they perform an essential job (e.g. truck driver, pilot), the rest of the household can still attend school.